



August 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	4 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	5 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	6 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	7 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
10 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	11 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	12 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	13 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	14 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
17 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	18 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	19 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	20 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	21 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
24 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	25 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	26 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	27 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	28 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
31 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round				<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain

"This institution is an equal opportunity provider"