



# July 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Age-appropriate milk must be served with breakfast</i></p>		<p><b>1</b> Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix</p>	<p><b>2</b> Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola</p>	<p><b>3</b>  <b>CLOSED FOR INDEPENDENCE DAY</b></p>
<p><b>6</b> Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round</p>	<p><b>7</b> Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt</p>	<p><b>8</b> Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese</p>	<p><b>9</b> Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce</p>	<p><b>10</b> Apple oatmeal* ~~~~~ Graham cracker Diced peaches</p>
<p><b>13</b> Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes</p>	<p><b>14</b> Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Peach yogurt</p>	<p><b>15</b> Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix</p>	<p><b>16</b> Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola</p>	<p><b>17</b> Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices</p>
<p><b>20</b> Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round</p>	<p><b>21</b> Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt</p>	<p><b>22</b> Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese</p>	<p><b>23</b> Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce</p>	<p><b>24</b> Apple oatmeal* ~~~~~ Graham cracker Diced peaches</p>
<p><b>27</b> Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes</p>	<p><b>28</b> Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt</p>	<p><b>29</b> Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix</p>	<p><b>30</b> Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola</p>	<p><b>31</b> Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices</p>

\*Whole grain

“This institution is an equal opportunity provider”