



March 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	3 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	4 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	5 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	6 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
9 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	10 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	11 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	12 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	13 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
16 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	17 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	18 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	19 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	20 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
23 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	24 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	25 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	26 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	27 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
30 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	31 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt			<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain

“This institution is an equal opportunity provider”