



November 2025 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
3 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	4 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	5 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	6 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	7 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
10 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	11 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	12 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	13 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	14 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
17 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	18 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	19 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	20 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	21 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
24 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	25 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	26 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	27 <p style="text-align: center;">CLOSED FOR THANKSGIVING</p>	28 <p style="text-align: center;">CLOSED FOR THANKSGIVING</p>
				<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain