



December 2025 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
1 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	2 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt	3 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	4 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	5 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
8 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	9 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	10 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	11 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	12 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
15 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	16 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Peach yogurt	17 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	18 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	19 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
22 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	23 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	24 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	25 CLOSED FOR CHRISTMAS	26 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce
29 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	30 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	31 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix		<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain