



June 2025 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
2 Rice Chex* Fresh fruit ~~~~~ Graham cracker Diced peaches	3 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	4 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	5 Kix* Fresh fruit ~~~~~ Cinnamon crackers* Vanilla yogurt	6 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
9 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins String cheese	10 Whole wheat biscuit* Fresh fruit ~~~~~ Vanilla yogurt with Granola	11 Toasted oats* Fresh fruit ~~~~~ Soft pretzel Applesauce	12 Rice Crispies Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	13 Apple oatmeal* ~~~~~ Soft breadsticks* Cheese cubes
16 Rice Chex* Fresh fruit ~~~~~ Graham cracker Diced peaches	17 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	18 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	19 Kix* Fresh fruit ~~~~~ Cinnamon crackers* Vanilla yogurt	20 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
23 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins String cheese	24 Whole wheat biscuit* Fresh fruit ~~~~~ Vanilla yogurt with Granola	25 Toasted oats* Fresh fruit ~~~~~ Soft pretzel Applesauce	26 Rice Crispies Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	27 Apple oatmeal* ~~~~~ Soft breadsticks* Cheese cubes
30 Rice Chex* Fresh fruit ~~~~~ Graham cracker Diced peaches				<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain