



March 2025 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins String cheese	4 Whole wheat biscuit* Fresh fruit ~~~~~ Vanilla yogurt with Granola	5 Toasted oats* Fresh fruit ~~~~~ Soft pretzel Applesauce	6 Rice Crispies Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	7 Apple oatmeal* ~~~~~ Soft breadsticks* Cheese cubes
10 Rice Chex* Fresh fruit ~~~~~ Graham cracker Diced peaches	11 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Peach yogurt	12 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	13 Kix* Fresh fruit ~~~~~ Cinnamon crackers* Vanilla yogurt	14 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
17 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins String cheese	18 Whole wheat biscuit* Fresh fruit ~~~~~ Vanilla yogurt with Granola	19 Toasted oats* Fresh fruit ~~~~~ Soft pretzel Applesauce	20 Rice Crispies Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	21 Apple oatmeal* ~~~~~ Soft breadsticks* Cheese cubes
24 Rice Chex* Fresh fruit ~~~~~ Graham cracker Diced peaches	25 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	26 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	27 Kix* Fresh fruit ~~~~~ Cinnamon crackers* Vanilla yogurt	28 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
31 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins String cheese				<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain