Monday, October 30, 2023	Tuesday, October 31, 2023	Wednesday, November 1, 2023	Thursday, November 2, 2023	Friday, November 3, 2023
Secretar har Mandanin, Iran	"Pine Pane Mate" Sile	WG Chicken Nuggets, 3 ea.	Cheeseburger Meatloaf, 1ea	Pizza Day!
Plain Hill Brown New Wilsolfbrown, N.D. o.	*16G Promitted Committee Committee	Macaroni & Cheese, 1/2c	Wheat Dinner Roll, 1ea	Cheese Pizza, 1sl
Paul Balgilanna, site	Oriolan & Real Proportion Contract Security	Ketchup	Caesar Salad, 1/2 c	Sweet Yellow Corn, 1/4c
Renth	Dominist Monamulas Chanae, 16 har	Sweet Tender Peas, 1/4c	Caesar Dressing	Peaches in Juice, 3/8 c
Proseggia Tolkin, i-lar	Week West Bearl, 104	Orange Wedges, 4 ea.	Parmesan Cheese	1 000/100 111 00/100, 0/0 0
	Secret Gent Aura, 100	Orange Wedges, 4 ca.	Gala Apple, 3/8c	
			Gaia Appie, 6/66	
2004 1700		TODS & TWOS	TODS & TWOS	TODS & TWOS
				Carrot Coins, 1/4c
		Mandarin Oranges, 3/8 c	Applesauce, 3/8c	Carrot Coms, 1740
Presidencia della Silla		VEG: Macaroni & Cheese, 1/2 c	Steamed Green Beans, 1/4c	
Will slager blookels in Veges Greep, Jan	WW-Vagoration Powe Rate, 1-2 x	Morningstar Veggie Nuggets, 3 ea.	VEG: Black Beans , 1/2 c & WG Brown Rice w/Cauliflower, 1/3 c	VEG: Cheese Pizza, 1sl
Monday, November 6, 2023	Tuesday, November 7, 2023	Wednesday, November 8, 2023	Thursday, November 9, 2023	Friday, November 10, 2023
Chicken Slider on Bun, 1ea	Salisbury Steak & Gravy, 1ea	GF Chicken Tender, 3 ea.	WG Spaghetti w/ Beef, Lentil Marinara, 1/2c	Boneless Chicken Wing Dings, 3ea
Shredded Cheddar Cheese, 1/2oz	Savory Mashed Potatoes, 1/4c	Ketchup	Shredded Mozzarella, 1/2 oz	Ketchup
	Wheat Dinner Roll, 1ea	Plain WG Brown Rice w/Cauliflower, 1/3c	Whole Wheat Bread. 1/2sl	Wheat Dinner Roll, 1ea
Slider Bun, 1ea				· ·
Ketchup	Red Delicious Apple, 3/8c	Fresh Baby Carrots, 1/4c	Baby Spinach, 1/2 c	Peas/Carrots/Green Beans/Corn/Lima Bean, 1/4c
Steamed Green Beans, 1/4c		Ranch	Ranch	Orange Wedges, 4 ea.
Mixed Peaches & Pears in Juice, 3/8c		Orange Wedges, 4 ea.	Banana, 1/2ea	
		TODS & TWOS		TODS & TWOS
	TODS & TWOS	Carrot Coins, 1/4c	TODS & TWOS	Peas, Carrots, Green Beans, 1/4c
	Applesauce, 3/8c	Mandarin Oranges, 3/8 c	Sweet Peas, 1/4 c	Mandarin Oranges, 3/8 c
: Veg Slider on Bun 1 ea. w/ Shred Cheese 1	VEG: Veg Black Bean Chili 1/2 c w/ Cauliflower Rice , 1/3 c	VEG: Refried Beans,1/2 c / Cheese,1/2 oz (side)	VEG: WG Spaghetti Marinara/Shredded Mozzarella	VEG: Morningstar Veggie Nuggets, 5ea
Monday, November 13, 2023	Tuesday, November 14, 2023	Wednesday, November 15, 2023	Thursday, November 16, 2023	Friday, November 17, 2023
Oven Baked Chicken Patty, 1ea	WG Chicken Nuggets, 3 ea.	Beef Nacho Fiesta, 1/4c	Thanksgiving Meal	Corn Dog Nuggets, 5 ea.
WG White Wheat Hamburger Bun, 1ea	Macaroni & Cheese, 1/2c	Shredded Cheddar Cheese, 1/2oz	Roasted Turkey Breast in Gravy, 2oz sl	Ketchup
_			The state of the s	·
Ketchup	Ketchup	GF Corn Tortilla Chips, 1/4c	Savory Mashed Potatoes, 1/4c	Tossed Salad w/Mixed Greens,1/2 c
Sweet Tender Peas, 1/4c	Tossed Salad w/Mixed Greens,1/2c	Sweet Yellow Corn, 1/4c	Dinner Roll, 1ea	Ranch
Applesauce, 3/8c	Ranch	Chilled Diced Pears, 3/8 c	Gala Apple, 3/8c	Orange Wedges, 4 ea.
	Banana, 1/2 ea.		Fresh Baked Chocolate Chip Cookies, 1ea	
		TODS & TWOS	TODS & TWOS	
	TODS & TWOS	Wheat Dinner Roll, 1 ea. (Tortilla Chips)	All Natural Applesauce, 3/8c	TODS & TWOS
	Peas, Carrots, Green Beans, 1/4c	Carrot Coins, 1/4c (Corn)		Carrot Coins, 1/4c
				Mandarin Oranges, 3/8 c
VEG: Veg Slider on Bun 1 ea. w/ Shred Cheese 1/2 oz	VEG: Macaroni & Cheese, 1/2 c	VEG: Vegetarian Nacho Fiesta	VEG: Veg Chickenless Strips in Veg Gravy, 1/2 c	VEG: Morningstar Veggie Nuggets, 5
	Morningstar Veggie Nuggets, 3 ea.	-		
Monday, November 20, 2023	Tuesday, November 21, 2023	Wednesday, November 22, 2023	Thursday, November 23, 2023	Friday, November 24, 2023
Torivaki Digad Chickon 1/2 a				THOUY, HOYCHIDCI E4, 2020
Teriyaki Diced Chicken, 1/3 c	Lean Beef Hamburger on Bun, 1ea	Chicken Fajitas, 1/3c	CLOSED - THANKSGIVING	"Notes hintil" (i)
Plain WG Brown Rice w/Cauliflower, 1/3c	Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea	Chicken Fajitas, 1/3c Shredded Cheddar Cheese, 1/2oz	CLOSED - THANKSGIVING	**Barken Baselier - Circ. **General Baselier - Circ. **Git Paran Baselier
				-Warden Matellity six
Plain WG Brown Rice w/Cauliflower, 1/3c	WG White Wheat Hamburger Bun, 1ea	Shredded Cheddar Cheese, 1/2oz		-Warden Matellity six
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c	WG White Wheat Hamburger Bun, 1ea Ketchup	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea		-Warden Matellity six
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c		-Warden Matellity six
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c		"Marine Sealed" (II) "All News, Articles (Allews, Allews, Alle
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6' Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea		"Marine Sealed" (II) "All News, Articles (Allews, Allews, Alle
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea		"Markon Bassin" (IS "All Name, Allens, Edines, Edines Markon (IS) (Illinos, Edines, Edines Markon (IS) (Illinos, Edines, Edine
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c <u>TODS &amp; TWOS</u> Steamed Green Beans, 1/4c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6' Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea		"Markon Bassin" (IS "All Name, Allens, Edines, Edines Markon (IS) (Illinos, Edines, Edines Markon (IS) (Illinos, Edines, Edine
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens, 1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c  TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea TODS & TWOS Wheat Dinner Roll, 1ea		"Markon Bassin" (IS "All Name, Allens, Edines, Edines Markon (IS) (Illinos, Edines, Edines Markon (IS) (Illinos, Edines, Edine
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c  VEG: Vegetarian Nacho Fiesta	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun 1 ea. w/ Shred Cheese 1/2 oz	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea TODS & TWOS Wheat Dinner Roll, 1ea VEG: Chickenless Fajita Strips, 1/3 c	All homes in wall or and a second or a second	**************************************
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c  VEG: Vegetarian Nacho Fiesta Monday, November 27, 2023	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c  TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun 1 ea. w' Shred Cheese 1/2 oz Tuesday, November 28, 2023	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea  TODS & TWOS Wheat Dinner Roll, 1ea  VEG: Chickenless Fajita Strips, 1/3 c  Wednesday, November 29, 2023	Statement from 1 and 1 a	**************************************
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c  VEG: Vegetarian Nacho Fiesta Monday, November 27, 2023 Swedish Beef Meatballs, 3ea	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c  TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c  VEG: Veg Slider on Bun 1 ea. w' Shred Cheese 1/2 oz Tuesday, November 28, 2023 **Pizza Pasta Bake** 1/2c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6* Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea  TODS & TWOS Wheat Dinner Roll, 1ea  VEG: Chickenless Fajita Strips, 1/3 c Wednesday, November 29, 2023 WG Chicken Nuggets, 3 ea.	Thursday, November 30, 2023 Cheeseburger Meatloaf, 1ea	*** CLOSED - THANKSGIVING  **** Black Black Black  **** CLOSED - THANKSGIVING  **** Black Black  **** Black  **** Black  **** Black Black  **** Black Black  **** Black Black  **** Black  **** Black Black  **** Black Black  **** Black Black  **** Black  *** Black  **** Black  *** Black  **** Black  **** Black  ***
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Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens, 1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c  VEG: Vegetarian Nacho Fiesta Monday, November 27, 2023 Swedish Beef Meatballs, 3ea Plain WG Brown Rice w/Cauliflower, 1/3 c Fresh Baby Carrots, 1/4c	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c  TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c VEG: Veg Slider on Bun 1 ea. w/ Shred Cheese 1/2 oz Tuesday, November 28, 2023 **Pizza Pasta Bake** 1/2c **WG PastaMarinara/Beet Crumbles Chicken & Beef Pepperoni/Tomato Sauce**	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea  TODS & TWOS Wheat Dinner Roll, 1ea  VEG: Chickenless Fajita Strips, 1/3 c Wednesday, November 29, 2023 WG Chicken Nuggets, 3 ea. Macaroni & Cheese, 1/2c Ketchup	Thursday, November 30, 2023 Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Caesar Salad, 1/2 c	*** CLOSED - THANKSGIVING  **** Black Black Black  **** CLOSED - THANKSGIVING  **** Black Black  **** Black  **** Black  **** Black Black  **** Black Black  **** Black Black  **** Black  **** Black Black  **** Black Black  **** Black Black  **** Black  *** Black  **** Black  *** Black  **** Black  **** Black  ***
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Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c  VEG: Vegetarian Nacho Fiesta Monday, November 27, 2023 Swedish Beef Meatballs, 3ea Plain WG Brown Rice w/Cauliflower, 1/3 c Fresh Baby Carrots, 1/4c Ranch Pineapple Tidbits, 3/8c	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c  TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c  VEG: Veg Slider on Bun 1 ea. w' Shred Cheese 1/2 oz Tuesday, November 28, 2023 **Pizza Pasta Bake** 1/2c **WG PastaMarinara/Bed Crumbles Chicken & Bed Pepperoni/Tomato Sauce* Shredded Mozzarella Cheese, 1/2oz Whole Wheat Bread, 1/2sl Steamed Green Beans, 1/4c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea  TODS & TWOS Wheat Dinner Roll, 1ea  VEG: Chickenless Fajita Strips, 1/3 c  Wednesday, November 29, 2023 WG Chicken Nuggets, 3 ea. Macaroni & Cheese, 1/2c Ketchup Sweet Tender Peas, 1/4c Orange Wedges, 4 ea.	Thursday, November 30, 2023 Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Caesar Salad, 1/2 c Caesar Dressing Parmesan Cheese Gala Apple, 3/8c	*** CLOSED - THANKSGIVING  Building American American  Building American American  CLOSED - THANKSGIVING  Building American  Bu
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c  VEG: Vegetarian Nacho Fiesta Monday, November 27, 2023 Swedish Beef Meatballs, 3ea Plain WG Brown Rice w/Cauliflower, 1/3 c Fresh Baby Carrots, 1/4c Ranch Pineapple Tidbits, 3/8c	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c  TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c  VEG: Veg Slider on Bun 1 ea. w' Shred Cheese 1/2 oz Tuesday, November 28, 2023 **Pizza Pasta Bake** 1/2c **WG PastaMarinara/Bed Crumbles Chicken & Bed Pepperoni/Tomato Sauce* Shredded Mozzarella Cheese, 1/2oz Whole Wheat Bread, 1/2sl Steamed Green Beans, 1/4c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea  TODS & TWOS Wheat Dinner Roll, 1ea  VEG: Chickenless Fajita Strips, 1/3 c Wednesdav, November 29, 2023 WG Chicken Nuggets, 3 ea. Macaroni & Cheese, 1/2c Ketchup Sweet Tender Peas, 1/4c Orange Wedges, 4 ea.	Thursday, November 30, 2023 Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Caesar Salad, 1/2 c Caesar Dressing Parmesan Cheese Gala Apple, 3/8c	*** CLOSED - THANKSGIVING  Building American American  Building American American  CLOSED - THANKSGIVING  Building American  Bu
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Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c  VEG: Vegetarian Nacho Fiesta Monday, November 27, 2023 Swedish Beef Meatballs, 3ea Plain WG Brown Rice w/Cauliflower, 1/3 c Fresh Baby Carrots, 1/4c Ranch Pineapple Tidbits, 3/8c  TODS & TWOS Sweet Peas, 1/4c	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c  TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c  VEG: Veg Slider on Bun 1 ea. w' Shred Cheese 1/2 oz Tuesday, November 28, 2023 **Pizza Pasta Bake** 1/2c **WG PastaMarinara/Bed Crumbles Chicken & Bed Pepperoni/Tomato Sauce* Shredded Mozzarella Cheese, 1/2oz Whole Wheat Bread, 1/2sl Steamed Green Beans, 1/4c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea  TODS & TWOS Wheat Dinner Roll, 1ea  VEG: Chickenless Fajita Strips, 1/3 c  Wednesday, November 29, 2023 WG Chicken Nuggets, 3 ea. Macaroni & Cheese, 1/2c Ketchup Sweet Tender Peas, 1/4c Orange Wedges, 4 ea.  TODS & TWOS Mandarin Oranges, 3/8 c	Thursday, November 30, 2023 Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Caesar Salad, 1/2 c Caesar Dressing Parmesan Cheese Gala Apple, 3/8c  TODS & TWOS Applesauce, 3/8c	*** *** *** *** *** *** *** *** *** **
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c  VEG: Vegetarian Nacho Fiesta Monday, November 27, 2023 Swedish Beef Meatballs, 3ea Plain WG Brown Rice w/Cauliflower, 1/3 c Fresh Baby Carrots, 1/4c Ranch Pineapple Tidbits, 3/8c  TODS & TWOS Sweet Peas, 1/4c Peaches in Juice, 3/8c  VEG: Vegan Meatballs in Vegan Gravy, 2ea Portions meet CACFP requirements:	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c  TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c  VEG: Veg Slider on Bun 1 ea. w' Shred Cheese 1/2 oz Tuesday, November 28, 2023 **Pizza Pasta Bake** 1/2c **WG Pasta/Marinara/Bed Crumbles Chicken & Bed Pepperoni/Tomato Sauce** Shredded Mozzarella Cheese, 1/2oz Whole Wheat Bread, 1/2sl Steamed Green Beans, 1/4c Banana, 1/2ea  VEG: Vegetarian Pizza Pasta Bake, 1/2 c	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea  TODS & TWOS Wheat Dinner Roll, 1ea  VEG: Chickenless Fajita Strips, 1/3 c  Wednesday, November 29, 2023 WG Chicken Nuggets, 3 ea. Macaroni & Cheese, 1/2c Ketchup Sweet Tender Peas, 1/4c Orange Wedges, 4 ea.  TODS & TWOS Mandarin Oranges, 3/8 c  VEG: Macaroni & Cheese, 1/2 c Morningstar Veggie Nuggets, 3 ea.	Thursday, November 30, 2023 Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Caesar Salad, 1/2 c Caesar Dressing Parmesan Cheese Gala Apple, 3/8c  TODS & TWOS Applesauce, 3/8c Steamed Green Beans, 1/4c VEG: Black Beans, 1/2 c & WG Brown Rice wCauliflower, 1/3 c	*** *** *** *** *** *** *** *** *** **
Plain WG Brown Rice w/Cauliflower, 1/3c Tossed Salad w/Mixed Greens,1/2 c Ranch Mixed Peaches & Pears in Juice, 3/8c  TODS & TWOS Carrot Coins, 1/4c  VEG: Vegetarian Nacho Fiesta Monday, November 27, 2023 Swedish Beef Meatballs, 3ea Plain WG Brown Rice w/Cauliflower, 1/3 c Fresh Baby Carrots, 1/4c Ranch Pineapple Tidbits, 3/8c  TODS & TWOS Sweet Peas, 1/4c Peaches in Juice, 3/8c  VEG: Vegan Meatballs in Vegan Gravy, 2ea Portions meet CACFP requirements: 3-5 years - 6oz. Milk required w/each meal, Por	WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c  TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c  VEG: Veg Slider on Bun 1 ea. w/ Shred Cheese 1/2 oz Tuesday, November 28, 2023 **Pizza Pasta Bake** 1/2c **WG Pasta/Marinara/Beef Crumbles Chicken & Beef Pepperoni/Tomato Sauce** Shredded Mozzarella Cheese, 1/2oz Whole Wheat Bread, 1/2sl Steamed Green Beans, 1/4c Banana, 1/2ea	Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea  TODS & TWOS Wheat Dinner Roll, 1ea  VEG: Chickenless Fajita Strips, 1/3 c Wednesdav, November 29, 2023 WG Chicken Nuggets, 3 ea. Macaroni & Cheese, 1/2c Ketchup Sweet Tender Peas, 1/4c Orange Wedges, 4 ea.  TODS & TWOS Mandarin Oranges, 3/8 c  VEG: Macaroni & Cheese, 1/2 c Morningstar Veggie Nuggets, 3 ea. ole, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c for	Thursday, November 30, 2023 Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Caesar Salad, 1/2 c Caesar Dressing Parmesan Cheese Gala Apple, 3/8c  TODS & TWOS Applesauce, 3/8c Steamed Green Beans, 1/4c VEG: Black Beans, 1/2 c & WG Brown Rice wCauliflower, 1/3 c	*** *** *** *** *** *** *** *** *** **

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