

Tysons Corner Children Center

May 2023

Fairfax Food Service

AM/PM Snack Menu

<u>Monday, May 1, 2023</u>	<u>Tuesday, May 2, 2023</u>	<u>Wednesday, May 3, 2023</u>	<u>Thursday, May 4, 2023</u>	<u>Friday, May 5, 2023</u>
AM: Crispy Rice Cereal, 1/2c AM:Milk, 1/2c	AM: Honey Maid Graham Crackers, 1 pkt AM:Mixed Fruit in Juice, 1/2c	AM: Corn Chex (GF), 1/2c AM: Orange Wedges, 4ea T&T: Toastios, 1/2 c T&T: Banana, 1/2 ea.	AM: Vanilla Yogurt, 1ea AM: Banana, 1/2ea	AM: Fresh Baked Blueberry Bread, 1sl AM:Milk, 1/2c
PM: Townhouse Crackers, 4 ea. PM: Pears in Juice, 1/2c	PM: Townhouse Crackers, 4ea PM: Fresh Baby Carrots, 1/2c PM: Ranch T&T: Mandarin Oranges in Juice, 1/2 c	PM: WG Cheese Goldfish, 1pkt PM: Red Delicious Apple, 1/2ea T&T: Peaches in Juice, 1/2 c	PM: Townhouse Crackers, 4ea PM: Cheddar Cheese Slice, 1ea	PM: Mini Pretzels, 1/3c PM: Gala Apple, 1/2ea T&T: Honey Maid Graham Crackers, 1 pkt T&T: Applesauce, 1/2 c
<u>Monday, May 8, 2023</u>	<u>Tuesday, May 9, 2023</u>	<u>Wednesday, May 10, 2023</u>	<u>Thursday, May 11, 2023</u>	<u>Friday, May 12, 2023</u>
AM: Rice Chex (GF), 1/2c AM:Milk, 1/2c	AM: Vanilla Yogurt, 1ea (veg) AM:Homemade Granola (nut free), 1oz T&T: Honey Maid Graham Crackers, 1 pkt	AM: Cheerios Cereal (GF), 1/2c AM: Banana, 1/2ea	AM: WG Cinnamon Raisin Bread, 1/2sl AM:Milk, 1/2c	AM: Fresh Baked Banana Bread, 1sl AM: Red Delicious Apple, 1/2ea T&T: Applesauce, 1/2 c
PM:Baked Multi Grain Sun Chips, 1/2pkt PM: Mild Salsa, 1oz T&T: Vanilla Yogurt, 1 ea. T&T: Mandarin Oranges in Juice, 1/2 c	PM: WG Cinnamon Crispy Bites, 1 pkt PM: Milk, 1/2c	PM: WG Sliced Bagel, 1/2ea PM: Cream Cheese, 1/2oz PM: Applesauce, 1/2 c	PM: WG Cheese Goldfish, 1pkt PM: Fresh Baby Carrots, 1/2c PM: Ranch T&T: Peaches in Juice, 1/2 c	PM: Cheddar Cheese Stick, 1ea PM: Townhouse Crackers, 4ea
<u>Monday, May 15, 2023</u>	<u>Tuesday, May 16, 2023</u>	<u>Wednesday, May 17, 2023</u>	<u>Thursday, May 18, 2023</u>	<u>Friday, May 19, 2023</u>
AM: Crispy Rice Cereal, 1/2c AM:Milk, 1/2c	AM: Honey Maid Graham Crackers, 1 pkt AM:Mixed Fruit in Juice, 1/2c	AM: Corn Chex (GF), 1/2c AM: Orange Wedges, 4ea T&T: Toastios, 1/2 c T&T: Banana, 1/2	AM: Vanilla Yogurt, 1ea AM: Banana, 1/2ea	AM: Fresh Baked Blueberry Bread, 1sl AM:Milk, 1/2c
PM: Townhouse Crackers, 4 ea. PM: Pears in Juice, 1/2c	PM: Townhouse Crackers, 4ea PM: Fresh Baby Carrots, 1/2c PM: Ranch T&T: Mandarin Oranges in Juice, 1/2 c	PM: WG Cheese Goldfish, 1pkt PM: Red Delicious Apple, 1/2ea T&T: Peaches in Juice 1/2 c	PM: Cheddar Cheese Slice, 1ea PM: Townhouse Crackers, 4ea	PM: Mini Pretzels, 1/3c PM: Golden Apple, 1/2ea T&T: Honey Maid Graham Crackers, 2ea T&T: Applesauce, 1/2 c
<u>Monday, May 22, 2023</u>	<u>Tuesday, May 23, 2023</u>	<u>Wednesday, May 24, 2023</u>	<u>Thursday, May 25, 2023</u>	<u>Friday, May 26, 2023</u>
AM: Rice Chex (GF), 1/2c AM: Milk, 1/2c	AM: Vanilla Yogurt, 1ea AM:Homemade Granola (nut free), 1oz T&T: Honey Maid Graham Crackers, 1 pkt	AM: Cheerios Cereal (GF), 1/2c AM: Banana, 1/2ea	AM: WG Cinnamon Raisin Bread, 1/2sl AM: Milk, 1/2c	----- ----- ----- School Closed ----- -----
PM:Baked Multi Grain Sun Chips, 1/2pkt PM: Mild Salsa, 1oz T&T: Vanilla Yogurt, 1 ea. T&T: Mandarin Oranges in Juice, 1/2 c	PM: WG Cinnamon Crispy Bites, 1 pkt PM: Milk, 1/2c	PM: WG Sliced Bagel, 1/2ea Cream Cheese, 1/2oz PM: Applesauce, 1/2 c	PM: WG Cheese Goldfish, 1pkt PM: Fresh Baby Carrots, 1/2c PM: Ranch T&T: Peaches in Juice, 1/2 c	
<u>Monday, May 29, 2023</u>	<u>Tuesday, May 30, 2023</u>	<u>Wednesday, May 31, 2023</u>		
MEMORIAL DAY!!!	AM: Crispy Rice Cereal, 1/2c AM:Milk, 1/2c	AM: Corn Chex (GF), 1/2c AM: Orange Wedges, 4ea T&T: Toastios, 1/2 c T&T: Banana, 1/2 ea.		
	PM: Townhouse Crackers, 4 ea. PM: Pears in Juice, 1/2c	PM: WG Cheese Goldfish, 1pkt PM: Red Delicious Apple, 1/2ea T&T: Peaches in Juice, 1/2 c		

Portions meet CACFP requirements: Snack 3-5 years - 4oz. Milk, 1/2 oz meat/meat alternative equivalent, 1/2 c vegetable, 1/2 c fruit , 1/2 oz grain equivalent.

Click link to see NEW Nutrislice Menus

<https://tysonscornerchildrenscenter.nutrislice.com/>