

Monday, January 2, 2023	Tuesday, January 3, 2023	Wednesday, January 4, 2023	Thursday, January 5, 2023	Friday, January 6, 2023
<p>--- --- HAPPY NEW YEAR!!! --- --- ---</p>	<p>AM: Rice Chex (GF), 1/2c Milk, 1/2c</p>	<p>AM: Cheerios Cereal (GF), 1/2c AM: Fresh Banana, 1/2ea</p>	<p>AM: WG Cinnamon Raisin Bread, 1/2sl AM: Milk, 1/2c</p>	<p>AM: Fresh Baked Banana Bread, 1sl AM: Fresh Red Delicious Apple, 1/2ea T&T: Applesauce, 1/2 c</p>
	<p>PM: WG Cinnamon Crispy Bites, 1 pkt PM: Milk, 1/2c</p>	<p>PM: WG White Wheat Bagel, 1/2ea Cream Cheese, 1/2oz PM: Applesauce, 1/2 c</p>	<p>PM: WG Cheese Goldfish, 1pkt PM: Fresh Baby Carrots, 1/2c PM: Ranch Dip T&T: Peaches in Juice, 1/2 c</p>	<p>PM: Cheddar Cheese Stick, 1ea PM: Townhouse Crackers, 4ea</p>
Monday, January 9, 2023	Tuesday, January 10, 2023	Wednesday, January 11, 2023	Thursday, January 12, 2023	Friday, January 13, 2023
<p>AM: Crispy Rice Cereal, 1/2c AM: Milk, 1/2c</p>	<p>AM: Honey Maid Graham Crackers, 1 pkt AM: Mixed Fruit in Juice, 1/2c</p>	<p>AM: Corn Chex (GF), 1/2c AM: Fresh Orange Wedges, 4ea T&T: Toastios, 1/2 c T&T: Fresh Banana, 1/2 ea.</p>	<p>AM: Vanilla Yogurt, 1ea AM: Fresh Banana, 1/2ea</p>	<p>AM: Fresh Baked Blueberry Bread, 1sl AM: Milk, 1/2c</p>
<p>PM: Townhouse Crackers, 4 ea. PM: Pears in Juice, 1/2c</p>	<p>PM: Townhouse Crackers, 4ea PM: Fresh Baby Carrots, 1/2c PM: Ranch Dip T&T: Mandarin Oranges in Juice, 1/2 c</p>	<p>PM: WG Cheese Goldfish, 1pkt PM: Fresh Red Delicious Apple, 1/2ea T&T: Peaches in Juice, 1/2 c</p>	<p>PM: Townhouse Crackers, 4ea PM: Cheddar Cheese Slice, 1ea</p>	<p>PM: Mini Pretzels, 1/3c PM: Fresh Red Delicious Apple, 1/2ea T&T: Honey Maid Graham Crackers, 1 pkt T&T: Applesauce, 1/2 c</p>
Monday, January 16, 2023	Tuesday, January 17, 2023	Wednesday, January 18, 2023	Thursday, January 19, 2023	Friday, January 20, 2023
<p>AM: Rice Chex (GF), 1/2c AM: Milk, 1/2c</p> <p>MARTIN LUTHER KING, JR BIRTHDAY</p> <p>PM: Baked Multi Grain Sun Chips, 1/2pkt PM: Mild Salsa, 1oz T&T: Vanilla Yogurt, 1 ea. T&T: Mandarin Oranges in Juice, 1/2 c</p>	<p>AM: Vanilla Yogurt, 1ea (veg) AM: Homemade Granola (nut free), 1oz T&T: Honey Maid Graham Crackers, 1 pkt</p> <p>PM: WG Cinnamon Crispy Bites, 1 pkt PM: Milk, 1/2c</p>	<p>AM: Cheerios Cereal (GF), 1/2c AM: Fresh Banana, 1/2ea</p> <p>PM: WG White Wheat Bagel, 1/2ea PM: Cream Cheese, 1/2oz PM: Applesauce, 1/2 c</p>	<p>AM: WG Cinnamon Raisin Bread, 1/2sl AM: Milk, 1/2c</p> <p>PM: WG Cheese Goldfish, 1pkt PM: Fresh Baby Carrots, 1/2c PM: Ranch Dip T&T: Peaches in Juice, 1/2 c</p>	<p>AM: Fresh Baked Banana Bread, 1sl AM: Fresh Red Delicious Apple, 1/2ea T&T: Applesauce, 1/2 c</p> <p>PM: Cheddar Cheese Stick, 1ea PM: Townhouse Crackers, 4ea</p>
Monday, January 23, 2023	Tuesday, January 24, 2023	Wednesday, January 25, 2023	Thursday, January 26, 2023	Friday, January 27, 2023
<p>AM: Crispy Rice Cereal, 1/2c AM: Milk, 1/2c</p> <p>PM: Townhouse Crackers, 4 ea. PM: Pears in Juice, 1/2c</p>	<p>AM: Honey Maid Graham Crackers, 1 pkt AM: Mixed Fruit in Juice, 1/2c</p> <p>PM: Townhouse Crackers, 4ea PM: Fresh Baby Carrots, 1/2c PM: Ranch Dip T&T: Mandarin Oranges in Juice, 1/2 c</p>	<p>AM: Corn Chex (GF), 1/2c AM: Fresh Orange Wedges, 4ea T&T: Toastios, 1/2 c T&T: Fresh Banana, 1/2</p> <p>PM: WG Cheese Goldfish, 1pkt PM: Fresh Red Delicious Apple, 1/2ea T&T: Peaches in Juice 1/2 c</p>	<p>AM: Vanilla Yogurt, 1ea AM: Fresh Banana, 1/2ea</p> <p>PM: Cheddar Cheese Slice, 1ea PM: Townhouse Crackers, 4ea</p>	<p>AM: Fresh Baked Blueberry Bread, 1sl AM: Milk, 1/2c</p> <p>PM: Mini Pretzels, 1/3c PM: Fresh Red Delicious Apple, 1/2ea T&T: Honey Maid Graham Crackers, 2ea T&T: Applesauce, 1/2 c</p>
Monday, January 30, 2023	Tuesday, January 31, 2023			
<p>AM: Rice Chex (GF), 1/2c AM: Milk, 1/2c</p> <p>PM: Baked Multi Grain Sun Chips, 1/2pkt PM: Mild Salsa, 1oz T&T: Vanilla Yogurt, 1 ea. T&T: Mandarin Oranges in Juice, 1/2 c</p>	<p>AM: Vanilla Yogurt, 1ea AM: Homemade Granola (nut free), 1oz T&T: Honey Maid Graham Crackers, 1 pkt</p> <p>PM: WG Cinnamon Crispy Bites, 1 pkt PM: Milk, 1/2c</p>			

Portions meet CACFP requirements: Snack 3-5 years - 4oz. Milk, 1/2 oz meat/meat alternative equivalent, 1/2 c vegetable, 1/2 c fruit , 1/2 oz grain equivalent.

[Click link to see NEW Nutrislice Menus](#)

<https://tysonscornerchildrenscenter.nutrislice.com/>