

Tyson's Corner Children Center

August 2022

AM/PM Snack Menu

<u>Monday, August 1, 2022</u>	<u>Tuesday, August 2, 2022</u>	<u>Wednesday, August 3, 2022</u>	<u>Thursday, August 4, 2022</u>	<u>Friday, August 5, 2022</u>
AM: Gluten Free Rice Chex, 1/2c Milk, 1/2c PM: Baked Multi Grain Sun Chips, 1/2pkt Mild Salsa, 1oz T&T: Vanilla Yogurt & Mandarin Oranges	AM: Vanilla Yogurt, 1ea (veg) Homemade Granola (nut free), 1oz T&T: Graham Crackers, 2ea PM: WG Cinnamon Crispy Bites, 1/2pkt Milk, 1/2c	AM: Gluten Free Cheerios, 1/2c Fresh Banana, 1/2ea PM: WG White Wheat Bagel, 1/2ea Cream Cheese, 1/2oz	AM: WG Cinnamon Raisin Bread, 1/2sl Fresh Orange Wedges, 4ea T&T: Milk PM: Fresh Baby Carrots, 1/2c Ranch Dip WG Cheese Goldfish, 1pkt T&T: Fresh Banana	AM: Fresh Baked Banana Bread, 1sl Fresh Apple, 1/2ea T&T: All Natural Applesauce T&T: Milk PM: Cheddar Cheese Stick, 1ea Townhouse Crackers, 4ea
<u>Monday, August 8, 2022</u>	<u>Tuesday, August 9, 2022</u>	<u>Wednesday, August 10, 2022</u>	<u>Thursday, August 11, 2022</u>	<u>Friday, August 12, 2022</u>
AM: Crispy Rice Cereal, 1/2c Milk, 1/2c PM: Monterey Jack Cheese, 1sl Pears in Juice, 1/2c T&T: Townhouse Crackers	AM: Graham Crackers, 2ea Fresh Apple, 1/2ea T&T: Mixed Fruit in Juice PM: Fresh Baby Carrots, 1/2c Townhouse Crackers, 4ea T&T: Mandarin Oranges in Juice	AM: Gluten Free Corn Chex, 1/2c Fresh Orange Wedges, 4ea T&T: Toastios & Fresh Banana PM: WG Cheese Goldfish, 1pkt Fresh Apple, 1/2ea T&T: Peaches in Juice	AM: Yogurt, 1ea (veg) Fresh Banana, 1/2ea PM: Cheddar Cheese Slice, 1ea Townhouse Crackers, 4ea	AM: Fresh Baked Blueberry Bread, 1sl Fresh Banana, 1/2ea PM: Mini Pretzels, 1/3c Fresh Apple, 1/2ea T&T: Graham Crackers, 2ea / Milk
<u>Monday, August 15, 2022</u>	<u>Tuesday, August 16, 2022</u>	<u>Wednesday, August 17, 2022</u>	<u>Thursday, August 18, 2022</u>	<u>Friday, August 19, 2022</u>
AM: Gluten Free Rice Chex, 1/2c Milk, 1/2c PM: Baked Multi Grain Sun Chips, 1/2pkt Mild Salsa, 1oz T&T: Vanilla Yogurt & Mandarin Oranges	AM: Vanilla Yogurt, 1ea (veg) Homemade Granola (nut free), 1oz T&T: Graham Crackers, 2ea PM: WG Cinnamon Crispy Bites, 1/2pkt Milk, 1/2c	AM: Gluten Free Cheerios, 1/2c Fresh Banana, 1/2ea PM: WG White Wheat Bagel, 1/2ea Cream Cheese, 1/2oz	AM: WG Cinnamon Raisin Bread, 1/2sl Fresh Orange Wedges, 4ea T&T: Milk PM: Fresh Baby Carrots, 1/2c Ranch Dip WG Cheese Goldfish, 1pkt T&T: Fresh Banana	AM: Fresh Baked Banana Bread, 1sl Fresh Apple, 1/2ea T&T: All Natural Applesauce T&T: Milk PM: Cheddar Cheese Stick, 1ea Townhouse Crackers, 4ea
<u>Monday, August 22, 2022</u>	<u>Tuesday, August 23, 2022</u>	<u>Wednesday, August 24, 2022</u>	<u>Thursday, August 25, 2022</u>	<u>Friday, August 26, 2022</u>
AM: Crispy Rice Cereal, 1/2c Milk, 1/2c PM: Monterey Jack Cheese, 1sl Pears in Juice, 1/2c T&T: Townhouse Crackers	AM: Graham Crackers, 2ea Fresh Apple, 1/2ea T&T: Mixed Fruit in Juice PM: Fresh Baby Carrots, 1/2c Townhouse Crackers, 4ea T&T: Mandarin Oranges in Juice	AM: Gluten Free Corn Chex, 1/2c Fresh Orange Wedges, 4ea T&T: Toastios & Fresh Banana PM: WG Cheese Goldfish, 1pkt Fresh Apple, 1/2ea T&T: Peaches in Juice	AM: Yogurt, 1ea (veg) Fresh Banana, 1/2ea PM: Cheddar Cheese Slice, 1ea Townhouse Crackers, 4ea	AM: Fresh Baked Blueberry Bread, 1sl Fresh Banana, 1/2ea PM: Mini Pretzels, 1/3c Fresh Apple, 1/2ea T&T: Graham Crackers, 2ea / Milk
<u>Monday, August 29, 2022</u>	<u>Tuesday, August 30, 2022</u>	<u>Wednesday, August 31, 2022</u>		
AM: Gluten Free Rice Chex, 1/2c Milk, 1/2c PM: Baked Multi Grain Sun Chips, 1/2pkt Mild Salsa, 1oz T&T: Vanilla Yogurt & Mandarin Oranges	AM: Vanilla Yogurt, 1ea (veg) Homemade Granola (nut free), 1oz T&T: Graham Crackers, 2ea PM: WG Cinnamon Crispy Bites, 1/2pkt Milk, 1/2c	AM: Gluten Free Cheerios, 1/2c Fresh Banana, 1/2ea PM: WG White Wheat Bagel, 1/2ea Cream Cheese, 1/2oz		