1 ysons Corner	Children Center	January 2022	AM/PM Snack Menu	
Monday, January 3, 2022	Tuesday, January 4, 2022	Wednesday, January 5, 2022	Thursday, January 6, 2022	Friday, January 7, 2022
AM: Gluten Free Rice Chex, 1/2c Milk, 1/2c	AM: Vanilla Yogurt, 1ea (veg) Homemade Granola (nut free), 1oz T&T: Pears in Juice	AM: Gluten Free Cheerios, 1/2c Fresh Banana, 1/2ea	AM: WG Cinnamon Raisin Bread, 1/2sl Fresh Orange Wedges, 4ea T&T: Mandarin Oranges	AM: Fresh Baked Banana Bread, Fresh Apple, 1/2ea T&T: All Natural Applesauce
PM: Baked Multi Grain Sun Chips,1/2pkt Mild Salsa,1oz T&T: Vanilla Yogurt & Mandarin Oranges	PM: WG Cinnamon Crispy Bites, 1/2pkt Diced Peaches in Juice, /2c	PM: WG White Wheat Bagel, 1/2ea Cream Cheese, 1/2oz	PM: Fresh Baby Carrots, 1/2c Ranch Dip WG Cheese Goldfish, 1pkt	PM: Cheddar Cheese Stick, 1e. Townhouse Crackers, 4ea
Monday, January 10, 2022	Tuesday, January 11, 2022	Wednesday, January 12, 2022	T&T: Peaches in Juice Thursday, January 13, 2022	Friday, January 14, 2022
AM: Crispy Rice Cereal, 1/2c Milk, 1/2c	AM: Graham Crackers, 2ea Fresh Apple, 1/2ea T&T: Mixed Fruit in Juice	AM: Gluten Free Corn Chex, 1/2c Fresh Orange Wedges, 4ea T&T: Toastios & Fresh Banana	AM: Yogurt, 1ea (veg) Fresh Banana, 1/2ea	AM: Fresh Baked Blueberry Bread, Fresh Banana, 1/2ea
PM: Monterey Jack Cheese, 1sl Pears in Juice, 1/2c	PM: Fresh Baby Carrots, 1/2c Townhouse Crackers, 4ea <b>T&amp;T:</b> Mandarin Oranges in Juice	PM: WG Cheese Goldfish, 1pkt Fresh Apple, 1/2ea T&T: Peaches in Juice	PM: Cheddar Cheese Slice, 1ea Townhouse Crackers, 4ea	PM: Mini Pretzels, 1/3c Fresh Apple, 1/2ea T&T: Goldfish / Pears in Juice
Monday, January 17, 2022	Tuesday, January 18, 2022	Wednesday, January 19, 2022	Thursday, January 20, 2022	Friday, January 21, 2022
MARTIN LUTHER	AM: Vanilla Yogurt, 1ea (veg) Homemade Granola (nut free), 1oz T&T: Pears in Juice	AM: Gluten Free Cheerios, 1/2c Fresh Banana, 1/2ea	AM: WG Cinnamon Raisin Bread, 1/2sl Fresh Orange Wedges, 4ea T&T: Mandarin Oranges	AM: Fresh Baked Banana Bread, 1 Fresh Apple, 1/2ea T&T: All Natural Applesauce
KING HOLIDAY  Paramatah salah Salah Salah  Batanisah  Matanisahan  Naturah Salah Salah Salah	PM: WG Cinnamon Crispy Bites, 1/2pkt Diced Peaches in Juice, /2c	PM: WG White Wheat Bagel, 1/2ea Cream Cheese, 1/2oz	PM: Fresh Baby Carrots, 1/2c Ranch Dip WG Cheese Goldfish, 1pkt <b>T&amp;T:</b> Peaches in Juice	PM: Cheddar Cheese Stick, 1ea Townhouse Crackers, 4ea
Monday, January 24, 2022	Tuesday, January 25, 2022	Wednesday, January 26, 2022	Thursday, January 27, 2022	Friday, January 28, 2022
AM: Crispy Rice Cereal, 1/2c Milk, 1/2c	AM: Graham Crackers, 2ea Fresh Apple, 1/2ea <b>T&amp;T:</b> Mixed Fruit in Juice	AM: Gluten Free Corn Chex, 1/2c Fresh Orange Wedges, 4ea T&T: Toastios & Fresh Banana	AM: Yogurt, 1ea (veg) Fresh Banana, 1/2ea	AM: Fresh Baked Blueberry Bread, Fresh Banana, 1/2ea
PM: Monterey Jack Cheese, 1sl Pears in Juice, 1/2c	PM: Fresh Baby Carrots, 1/2c Townhouse Crackers, 4ea <b>T&amp;T:</b> Mandarin Oranges in Juice	PM: WG Cheese Goldfish, 1pkt Fresh Apple, 1/2ea <b>T&amp;T</b> : Peaches in Juice	PM: Cheddar Cheese Slice, 1ea Townhouse Crackers, 4ea	PM: Mini Pretzels, 1/3c Fresh Apple, 1/2ea T&T: Goldfish / Pears in Juice
Monday, January 31, 2022				
AM: Gluten Free Rice Chex, 1/2c Milk, 1/2c				
PM: Baked Multi Grain Sun Chips,1/2pkt Mild Salsa,1oz				
T&T: Vanilla Yogurt & Mandarin Oranges				

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