

**Fairfax Food Service Snack Menu**

**October 2021**

**AM/PM Snack Menu**

|   |   |   |   |  |
|---|---|---|---|--|
|   |   |   |   | <p><b>Friday, October 1, 2021</b></p> <p>AM: Fresh Baked Banana Bread, 1sl<br/>Fresh Apple, 1/2ea<br/><b>T&amp;T:</b> All Natural Applesauce</p> <p>PM: Cheddar Cheese Stick, 1ea<br/>Townhouse Crackers, 4ea</p>  |
| <p><b>Monday, October 4, 2021</b></p> <p>AM: Crispy Rice Cereal, 1/2c<br/>Milk, 1/2c</p> <p>PM: Monterey Jack Cheese, 1sl<br/>Pears in Juice, 1/2c</p>  | <p><b>Tuesday, October 5, 2021</b></p> <p>AM: Graham Crackers, 2ea<br/>Fresh Apple, 1/2ea<br/><b>T&amp;T:</b> Mixed Fruit in Juice</p> <p>PM: Fresh Baby Carrots, 1/2c<br/>Townhouse Crackers, 4ea<br/><b>T&amp;T:</b> Mandarin Oranges in Juice</p>  | <p><b>Wednesday, October 6, 2021</b></p> <p>AM: Gluten Free Corn Chex, 1/2c<br/>Fresh Orange Wedges, 4ea<br/><b>T&amp;T:</b> Toastios &amp; Fresh Banana</p> <p>PM: WG Cheese Goldfish, 1pkt<br/>Fresh Apple, 1/2ea<br/><b>T&amp;T:</b> Peaches in Juice</p>  | <p><b>Thursday, October 7, 2021</b></p> <p>AM: Yogurt, 1ea (veg)<br/>Fresh Banana, 1/2ea</p> <p>PM: Cheddar Cheese Slice, 1ea<br/>Townhouse Crackers, 4ea</p>   | <p><b>Friday, October 8, 2021</b></p> <p>AM: Fresh Baked Blueberry Bread, 1sl<br/>Fresh Banana, 1/2ea</p> <p>PM: Mini Pretzels, 1/3c<br/>Fresh Apple, 1/2ea<br/><b>T&amp;T:</b> Goldfish / Pears in Juice</p>      |
| <p><b>Monday, October 11, 2021</b></p> <p>AM: Gluten Free Rice Chex, 1/2c<br/>Milk, 1/2c</p> <p>PM: Baked Multi Grain Sun Chips, 1/2pkt<br/>Mild Salsa, 1oz<br/><b>T&amp;T:</b> Vanilla Yogurt &amp; Mandarin Oranges</p> | <p><b>Tuesday, October 12, 2021</b></p> <p>AM: Vanilla Yogurt, 1ea (veg)<br/>Homemade Granola (nut free), 1oz<br/><b>T&amp;T:</b> Pears in Juice</p> <p>PM: WG Cinnamon Crispy Bites, 1/2 pkt<br/>Diced Peaches in Juice, /2c</p>                     | <p><b>Wednesday, October 13, 2021</b></p> <p>AM: Gluten Free Cheerios, 1/2c<br/>Fresh Banana, 1/2ea</p> <p>PM: WG White Wheat Bagel, 1/2ea<br/>Cream Cheese, 1/2oz</p>  | <p><b>Thursday, October 14, 2021</b></p> <p>AM: WG Cinnamon Raisin Bread, 1/2sl<br/>Fresh Orange Wedges, 4ea<br/><b>T&amp;T:</b> Mandarin Oranges</p> <p>PM: Fresh Baby Carrots, 1/2c<br/>Ranch Dip<br/>WG Cheese Goldfish, 1pkt<br/><b>T&amp;T:</b> Peaches in Juice</p> | <p><b>Friday, October 15, 2021</b></p> <p>AM: Fresh Baked Banana Bread, 1sl<br/>Fresh Apple, 1/2ea<br/><b>T&amp;T:</b> All Natural Applesauce</p> <p>PM: Cheddar Cheese Stick, 1ea<br/>Townhouse Crackers, 4ea</p> |
| <p><b>Monday, October 18, 2021</b></p> <p>AM: Crispy Rice Cereal, 1/2c<br/>Milk, 1/2c</p> <p>PM: Monterey Jack Cheese, 1sl<br/>Pears in Juice, 1/2c</p>   | <p><b>Tuesday, October 19, 2021</b></p> <p>AM: Graham Crackers, 2ea<br/>Fresh Apple, 1/2ea<br/><b>T&amp;T:</b> Mixed Fruit in Juice</p> <p>PM: Fresh Baby Carrots, 1/2c<br/>Townhouse Crackers, 4ea<br/><b>T&amp;T:</b> Mandarin Oranges in Juice</p> | <p><b>Wednesday, October 20, 2021</b></p> <p>AM: Gluten Free Corn Chex, 1/2c<br/>Fresh Orange Wedges, 4ea<br/><b>T&amp;T:</b> Toastios &amp; Fresh Banana</p> <p>PM: WG Cheese Goldfish, 1pkt<br/>Fresh Apple, 1/2ea<br/><b>T&amp;T:</b> Peaches in Juice</p> | <p><b>Thursday, October 21, 2021</b></p> <p>AM: Yogurt, 1ea (veg)<br/>Fresh Banana, 1/2ea</p> <p>PM: Cheddar Cheese Slice, 1ea<br/>Townhouse Crackers, 4ea</p>  | <p><b>Friday, October 22, 2021</b></p> <p>AM: Fresh Baked Blueberry Bread, 1sl<br/>Fresh Banana, 1/2ea</p> <p>PM: Mini Pretzels, 1/3c<br/>Fresh Apple, 1/2ea<br/><b>T&amp;T:</b> Goldfish / Pears in Juice</p>     |
| <p><b>Monday, October 25, 2021</b></p> <p>AM: Gluten Free Rice Chex, 1/2c<br/>Milk, 1/2c</p> <p>PM: Baked Multi Grain Sun Chips, 1/2pkt<br/>Mild Salsa, 1oz<br/><b>T&amp;T:</b> Vanilla Yogurt &amp; Mandarin Oranges</p> | <p><b>Tuesday, October 26, 2021</b></p> <p>AM: Vanilla Yogurt, 1ea (veg)<br/>Homemade Granola (nut free), 1oz<br/><b>T&amp;T:</b> Pears in Juice</p> <p>PM: WG Cinnamon Crispy Bites, 1/2 pkt<br/>Diced Peaches in Juice, /2c</p>                     | <p><b>Wednesday, October 27, 2021</b></p> <p>AM: Gluten Free Cheerios, 1/2c<br/>Fresh Banana, 1/2ea</p> <p>PM: WG White Wheat Bagel, 1/2ea<br/>Cream Cheese, 1/2oz</p>  | <p><b>Thursday, October 28, 2021</b></p> <p>AM: WG Cinnamon Raisin Bread, 1/2sl<br/>Fresh Orange Wedges, 4ea<br/><b>T&amp;T:</b> Mandarin Oranges</p> <p>PM: Fresh Baby Carrots, 1/2c<br/>Ranch Dip<br/>WG Cheese Goldfish, 1pkt<br/><b>T&amp;T:</b> Peaches in Juice</p> | <p><b>Friday, October 29, 2021</b></p> <p>AM: Fresh Baked Banana Bread, 1sl<br/>Fresh Apple, 1/2ea<br/><b>T&amp;T:</b> All Natural Applesauce</p> <p>PM: Cheddar Cheese Stick, 1ea<br/>Townhouse Crackers, 4ea</p> |

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