

<p>**NAE** Never Antibiotics Ever</p> <p>**NO HFC** Ketchup, Syrup, Breads</p>	<p>Tuesday, September 1, 2020 Lean Beef Hamburger on Bun, 1ea Wheat Hamburger Bun, 1ea No HFC Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c TODS & TWOS Steamed Green Beans/Applesauce</p> <p>VEG: Morningstar Veggie Burger, 1ea</p>	<p>Wednesday, September 2, 2020 Turkey Corn Dog Nuggets, 4ea No HFC Ketchup Tossed Salad w/Mixed Greens, 1/4c Creamy Ranch Dressing Fresh Orange Wedges, 2ea TODS & TWOS Mandarin Oranges / Sweet Peas</p> <p>VEG: Morningstar Veggie Nuggets, 5ea</p>	<p>Thursday, September 3, 2020 NAE Chicken Fajitas, 1/3c Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Fresh Banana, 1/2ea</p> <p>VEG: Chickenless Fajita Strips, 1/3c</p>	<p>Friday, September 4, 2020 Cheese Pizza, 1sl Peas/Carrots/Green Beans/ Corn/Lima Beans, 1/4c Fresh Cantaloupe, 1sl TODS & TWOS Peas, Carrots, Green Beans/D. Cantaloupe</p> <p>VEG: Cheese Pizza, 1sl</p>
<p>Monday, September 7, 2020</p> <p>LABOR DAY HOLIDAY !!</p>	<p>Tuesday, September 8, 2020 Beef Meatballs & Gravy, 3ea Whole Grain Brown Rice, 1/4c Fresh Baby Carrots w/ Ranch, 1/4c Pineapple Tidbits, 3/8c TODS & TWOS Sweet Tender Peas/Peaches in Juice</p> <p>VEG: Vegetarian Meatball in Veg Gravy, 2ea</p>	<p>Wednesday, September 9, 2020 NAE WG Chicken Nuggets, 4ea No HFC Ketchup Caesar Salad w/Romaine, Dressing, 1/4c Parmesan Cheese, 1/4oz Fresh Orange Wedges, 2ea TODS & TWOS Mandarin Oranges / Green Beans</p> <p>VEG: Morningstar Veggie Nuggets, 5ea</p>	<p>Thursday, September 10, 2020 Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Sweet Yellow Corn, 1/4c Fresh Golden Delicious Apple, 3/8c TODS & TWOS All Natural Applesauce/Carrot Coins</p> <p>VEG: Vegan Black Bean Chili, 1/2c</p>	<p>Friday, September 11, 2020 NAE Grilled Chicken Filet, 1ea Wheat Hamburger Bun, 1ea No HFC Ketchup Sweet Tender Peas, 1/4c Fresh Honey Dew Melon, 1sl TODS & TWOS Diced Honey Dew</p> <p>VEG: Macaroni & Cheese w/ WG, 1/2c</p>
<p>Monday, September 14, 2020 Chicken Slider on Bun, 1ea Fancy Shredded Cheddar Cheese, 1/2oz Slider Bun, 1ea No HFC Ketchup Steamed Green Beans, 1/4c Mixed Peaches & Pears in Juice, 3/8c</p> <p>VEG: Vegetarian Sausage Slider, 1ea</p>	<p>Tuesday, September 15, 2020 GF Chicken Tender Strips, 3ea No HFC Ketchup Whole Grain Brown Rice, 1/4c Fresh Baby Carrots w/ Ranch, 1/4c Fresh Red Delicious Apple, 3/8c TODS & TWOS All Natural Applesauce/Carrot Coins VEG: Vegan Refried Beans, 1/2c VEG: Cheddar Cheese (side), 1/2oz</p>	<p>Wednesday, September 16, 2020 Salisbury Steak & Gravy, 1ea Savory Mashed Potatoes, 1/4c Wheat Dinner Roll, 1ea Fresh Cantaloupe, 1sl TODS & TWOS Diced Cantaloupe</p> <p>VEG: MS Veggie Burger w/Veg Gravy, 1ea</p>	<p>Thursday, September 17, 2020 WG Spaghetti w/ Italian Meat Sauce Ground Turkey & Beef Crumbles, 1/2c Parmesan Cheese, 1/2oz Baby Spinach & Ranch, 1/4c Fresh Banana, 1/2ea TODS & TWOS Sweet Peas VEG: WG Spaghetti Marinara, 1/2c VEG: Parmesan Cheese, 1oz</p>	<p>Friday, September 18, 2020 NAE Boneless Chicken Wing Dings, 3ea No HFC Ketchup/Wheat Dinner Roll, 1ea Peas/Carrots/Green Beans/ Corn/Lima Beans, 1/4c Fresh Orange Wedges, 2ea TODS & TWOS Mandarin Oranges Peas, Carrots, Green Beans VEG: Morningstar Veggie Nuggets, 5ea</p>
<p>Monday, September 21, 2020 Oven Baked Chicken Patty, 1ea Wheat Hamburger Bun, 1ea No HFC Ketchup Sweet Tender Peas, 1/4c All Natural Applesauce, 3/8c</p> <p>VEG: Morningstar Veggie Burger, 1ea</p>	<p>Tuesday, September 22, 2020 Macaroni & Cheese w/ WG, 1/2c 100% Whole Grain Bread, 1/2sl Fresh Carrots & Broccoli, 1/4c Creamy Ranch Dip Fresh Banana, 1/2ea TODS & TWOS Peas, Carrots, Green Beans</p> <p>VEG: Macaroni & Cheese w/ WG, 1/2c</p>	<p>Wednesday, September 23, 2020 Mexican Beef Nacho Fiesta, 1/4c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Fresh Honey Dew Melon, 1sl TODS & TWOS Wheat Dinner Roll/Carrot Coins Diced Honey Dew VEG: Vegetarian Nacho Fiesta, 1/4c</p>	<p>Thursday, September 24, 2020 Italian Beef Meatball Sub, 3ea Sub Roll, 1/2ea Shredded Mozzarella Cheese, 1/2oz Tossed Salad w/Mixed Greens, 1/4c Creamy Ranch Dressing Fresh Gala Apple, 3/8c TODS & TWOS All Natural Applesauce/Green Beans VEG: Italian Veggie Meatball Sub, 2ea</p>	<p>Friday, September 25, 2020 Breakfast for Lunch!! WG Buttermilk Pancake w/Syrup, 1ea Danimals Vanilla Yogurt (veg), 1ea GF Chicken Sausage Patty, 1ea Fresh Baby Carrots w/Dip, 1/4c Fresh Orange Wedges, 2ea TODS & TWOS Mandarin Oranges / Carrot Coins VEG: Morningstar Veggie Sausage, 1ea</p>
<p>Monday, September 28, 2020 Roasted Teriyaki Chicken Strips, 3ea Whole Grain Brown Rice, 1/4c Fresh Baby Carrots w/ Ranch, 1/4c Mixed Peaches & Pears in Juice, 3/8c TODS & TWOS Carrot Coins</p> <p>VEG: Egg Rolls, 2ea</p>	<p>Tuesday, September 29, 2020 Lean Beef Hamburger on Bun, 1ea Wheat Hamburger Bun, 1ea No HFC Ketchup Sweet Yellow Corn, 1/4c Fresh Banana, 1/2ea TODS & TWOS Steamed Green Beans</p> <p>VEG: Morningstar Veggie Burger, 1ea</p>	<p>Wednesday, September 30, 2020 Turkey Corn Dog Nuggets, 4ea No HFC Ketchup Tossed Salad w/Mixed Greens, 1/4c Creamy Ranch Dressing Fresh Orange Wedges, 2ea TODS & TWOS Mandarin Oranges / Sweet Peas</p> <p>VEG: Morningstar Veggie Nuggets, 5ea</p>		