TYSON SPRINGHILL	MARCH 2020			LK PORTIONS
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
MARCH 2 CHICKEN SLIDER ON A BUN, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ W/ NO HFC KETCHUP STEAMED GREEN BEANS, 1/4 C ORANGE WEDGES, 2 PCS **TODS AND TWOS** MIXED FRUIT IN JUICE	**MARCH 3** CHICKEN TENDERS, GLUTEN FREE, 3 EA W/ NO HFC KETCHUP WHOLE GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** CARROT COINS / APPLESAUCE	**MARCH 4** SALISBURY STEAK W/ GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C **TODS AND TWOS** DICED PEACHES IN JUICE	**MARCH 5** WHL GRAIN SPAGHETTI W/ BEEF & TURKEY MEAT MARINARA, 1/2 C PARMESAN CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA **TODS AND TWOS** SWEET TENDER PEAS	**MARCH 6** NAE CHICKEN BREAST CHUNK BONELESS WING DINGS, 3 EA W/ NO HFC KETCHUP PEAS/CARROTS/GREEN BEAN/ CORN/LIMA BEANS, 1/4 C 100% WHOLE GRAIN BREAD, 1 EA ORANGE WEDGES, 2 EA **TODS AND TWOS** PEAS/CARROT/GREEN BEANS MANDARIN ORANGES
MARCH 9 OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C	**MARCH 10** CREAMY MACARONI & CHEESE , 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL BABY CARROTS, BROCCOLI W/CREAMY RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA **TODS AND TWOS** PEAS/CARROT/GREEN BEANS	**MARCH 11** MEXICAN BEEF NACHO FIESTA, 1/4 C W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C SWEET YELLOW CORN, 1/4 C DICED PEARS IN JUICE, 3/8 C **TODS AND TWOS** WHEAT DINNER ROLL CARROT COINS	**MARCH 12** ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHRED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** CHILLED APPLE SAUCE	**MARCH 13** BREAKFAST LUNCH ! BUTTERMILK PANCAKES (WG) W/ NO HFC SYRUP, 1 EA CHICKEN SAUSAGE PATTY, 1 EA DANIMALS VANILLA YOGURT, 1 EA BABY CARROTS W/RANCH DIP, 1/4 C ORANGE WEDGES, 2 PCS **TODS AND TWOS** CARROT COINS/MANDARIN
MARCH 16 ROASTED TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C ORANGE WEDGES, 2 EA **TODS AND TWOS** CARROT COINS MIXED FRUIT IN JUICE	**MARCH 17** LEAN BEEF HAMBURGER PATTY, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ NO HFC KETCHUP SWEET YELLOW CORN, 1/4 C FRESH BANANA, 1/2 EA **TODS AND TWOS** PEAS/CARROT/GREEN BEANS	**MARCH 18** TURKEY CORN DOG NUGGETS, 4 EA W/ NO HFC KETCHUP TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C ORANGE WEDGES, 2 PCS **TODS AND TWOS** MANDARIN ORANGES SWEET TENDER PEAS	**MARCH 19** CHICKEN FAJITAS, NAE, 1/3 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ WHOLE WHEAT 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** CHILLED APPLE SAUCE	**MARCH 20** CHEESE PIZZA, 1 SL PEAS/CARROT/GREEN BEANS/CORN/LIMA BEANS, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** 3 WAY HOT/ PEACHES IN JUICE
MARCH 23 BEEF MEATBALLS & GRAVY, 3 EA WHOLE GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C ALL NATURAL APPLESAUCE **TODS AND TWOS** SWEET TENDER PEAS	**MARCH 24** PIZZA PASTA BAKE BEEF CRUMBLES, CHICKEN&BEEF PEPPERONI, TOMATO SAUCE, PASTA, 1/2 C SHRED MOZZARELLA CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 EA FRESH BANANA, 1/2 EA **TODS AND TWOS** CARROT COINS	**MARCH 25** NAE WHOLE GRAIN CHICKEN NUGGETS W/ NO HFC KETCHUP, 4 EA CAESAR SALAD W/ ROMAINE & DRESSING, 1/4 C PARMESAN CHEESE, 1/8 OZ ORANGE WEDGES, 2 EA **TODS AND TWOS** GREEN BEANS MANDARIN ORANGES	**MARCH 26** CHEESEBURGER MEATLOAF, 1 EA WHEAT DINNER ROLL, 1 EA SWEET YELLOW CORN, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** ALL NATURAL APPLESAUCE PEAS/CARROT/GREEN BEANS	**MARCH 27** WHOLE GRAIN BREADED POLLOCK, 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C MANDARIN ORANGES, 3/8 C
MARCH 30 CHICKEN SLIDER ON A BUN, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ W/ NO HFC KETCHUP STEAMED GREEN BEANS, 1/4 C ORANGE WEDGES, 2 PCS **TODS AND TWOS** MIXED FRUIT IN JUICE	**MARCH 31** CHICKEN TENDERS, GLUTEN FREE, 3 EA W/ NO HFC KETCHUP WHOLE GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** CARROT COINS / APPLESAUCE			

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
6 oz milk required with each meal