

TYSON SPRINGHILL

FEBRUARY 2020

LK PORTIONS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| <p>FEBRUARY 3 CHICKEN SLIDER ON A BUN, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ W/ NO HFC KETCHUP STEAMED GREEN BEANS, 1/4 C ORANGE WEDGES, 2 PCS TODS AND TWOS MIXED FRUIT IN JUICE</p> | <p>FEBRUARY 4 CHICKEN TENDERS, GLUTEN FREE, 3 EA W/ NO HFC KETCHUP WHOLE GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS CARROT COINS / APPLESAUCE</p> | <p>FEBRUARY 5 SALISBURY STEAK W/ GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C WHEAT DINNER ROLL, 1 EA PINEAPPLE TIDBITS IN JUICE, 3/8 C TODS AND TWOS DICED PEACHES IN JUICE</p> | <p>FEBRUARY 6 WHL GRAIN SPAGHETTI W/ BEEF & TURKEY MEAT MARINARA, 1/2 C PARMESAN CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS SWEET TENDER PEAS</p> | <p>FEBRUARY 7 NAE CHICKEN BREAST CHUNK BONELESS WING DINGS, 3 EA W/ NO HFC KETCHUP PEAS/CARROTS/GREEN BEAN/ CORN/LIMA BEANS, 1/4 C 100% WHOLE GRAIN BREAD, 1 EA ORANGE WEDGES, 2 EA TODS AND TWOS PEAS/CARROT/GREEN BEANS MANDARIN ORANGES</p> |
| <p>FEBRUARY 10 OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C</p> | <p>FEBRUARY 11 CREAMY MACARONI & CHEESE , 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL BABY CARROTS, BROCCOLI W/CREAMY RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS PEAS/CARROT/GREEN BEANS</p> | <p>FEBRUARY 12 MEXICAN BEEF NACHO FIESTA, 1/4 C W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C SWEET YELLOW CORN, 1/4 C DICED PEARS IN JUICE, 3/8 C TODS AND TWOS WHEAT DINNER ROLL CARROT COINS</p> | <p>FEBRUARY 13 ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHRED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS CHILLED APPLE SAUCE</p> | <p>FEBRUARY 14 BREAKFAST LUNCH ! BUTTERMILK PANCAKES (WG) W/ NO HFC SYRUP, 1 EA CHICKEN SAUSAGE PATTY, 1 EA DANIMALS VANILLA YOGURT, 1 EA BABY CARROTS W/RANCH DIP, 1/4 C ORANGE WEDGES, 2 PCS TODS AND TWOS CARROT COINS/MANDARIN</p> |
| <p>FEBRUARY 17 PRESIDENT'S DAY HOLIDAY</p> | <p>FEBRUARY 18 LEAN BEEF HAMBURGER PATTY, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ NO HFC KETCHUP SWEET YELLOW CORN, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS PEAS/CARROT/GREEN BEANS</p> | <p>FEBRUARY 19 TURKEY CORN DOG NUGGETS, 4 EA W/ NO HFC KETCHUP TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C ORANGE WEDGES, 2 PCS TODS AND TWOS MANDARIN ORANGES SWEET TENDER PEAS</p> | <p>FEBRUARY 20 CHICKEN FAJITAS, NAE, 1/3 C LO-FAT SHREDDED CHEDDAR , 1/2 OZ WHOLE WHEAT 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS CHILLED APPLE SAUCE</p> | <p>FEBRUARY 21 CHEESE PIZZA, 1 SL PEAS/CARROT/GREEN BEANS/CORN/LIMA BEANS, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS 3 WAY HOT/ PEACHES IN JUICE</p> |
| <p>FEBRUARY 24 BEEF MEATBALLS & GRAVY, 3 EA WHOLE GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C ALL NATURAL APPLESAUCE TODS AND TWOS SWEET TENDER PEAS</p> | <p>FEBRUARY 25 PIZZA PASTA BAKE BEEF CRUMBLES, CHICKEN&BEEF PEPPERONI, TOMATO SAUCE, PASTA, 1/2 C SHRED MOZZARELLA CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 EA FRESH BANANA, 1/2 EA TODS AND TWOS CARROT COINS</p> | <p>FEBRUARY 26 NAE WHOLE GRAIN CHICKEN NUGGETS W/ NO HFC KETCHUP, 4 EA CAESAR SALAD W/ ROMAINE DRESSING & PARMESAN, 1/4 C ORANGE WEDGES, 2 PCS TODS AND TWOS GREEN BEANS MANDARIN ORANGES</p> | <p>FEBRUARY 27 CHEESEBURGER MEATLOAF, 1 EA WHEAT DINNER ROLL, 1 EA SWEET YELLOW CORN, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS ALL NATURAL APPLESAUCE PEAS/CARROT/GREEN BEANS</p> | <p>FEBRUARY 28 GRILLED CHICKEN BREAST FILET, NAE, 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C MANDARIN ORANGES, 3/8 C</p> |

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
6 oz milk required with each meal