TYSON MCLEAN VEGGIE MENU | **FEBRUARY 2020** | **LK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEBRUARY 3 VEGETARIAN SAUSAGE SLIDER, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ W/ NO HFC KETCHUP STEAMED GREEN BEANS, 1/4 C ORANGE WEDGES, 2 PCS **TODS AND TWOS** MIXED FRUIT IN JUICE	**FEBRUARY 4** REFRIED BEANS, 1/2 C SHRED CHEDDAR ON THE SIDE, 1/2 OZ WHOLE GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** CARROT COINS / APPLESAUCE	**FEBRUARY 5** VEGETARIAN BURGER, MORNING STAR, 1 EA W/VEGETARIAN GRAVY WHEAT DINNER ROLL, 1 EA SAVORY MASHED POTATOES, 1/4 C PINEAPPLE TIDBITS IN JUICE, 3/8 C **TODS AND TWOS** DICED PEACHES IN JUICE	**FEBRUARY 6** WHL GRAIN SPAGHETTI W/ MARINARA , 1/2 C PARMESAN CHEESE, 1 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA **TODS AND TWOS** SWEET TENDER PEAS	**FEBRUARY 7** VEGETARIAN MEATBALLS, 2 EA W/VEGETARIAN GRAVY 100% WHOLE GRAIN BREAD, 1/2 SL PEAS/CARROTS/GREEN BEAN/ CORN/LIMA BEANS, 1/4 C ORANGE WEDGES, 2 EA **TODS AND TWOS** PEAS/CARROT/GREEN BEANS MANDARIN ORANGES
FEBRUARY 10 VEGETARIAN BURGER, MORNING STAR, 1 EA WHEAT HAMBURGER ROLL W/ NO HFC KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C	**FEBRUARY 11** CREAMY MACARONI & CHEESE , 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL BABY CARROTS, BROCCOLI W/CREAMY RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA **TODS AND TWOS** PEAS/CARROT/GREEN BEANS	**FEBRUARY 12** VEGGIE NACHO MEAL, 1/4 C W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C SWEET YELLOW CORN, 1/4 C DICED PEARS IN JUICE, 3/8 C **TODS AND TWOS** WHEAT DINNER ROLL CARROT COINS	**FEBRUARY 13** ITALIAN VEGETARIAN MEATBALL SUB, 2 EA LO-FAT SHREDDED MOZZARELLA, 1/2 OZ SUB ROLL, 1/2 EA STEAMED GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** CHILLED APPLE SAUCE	**FEBRUARY 14** BREAKFAST LUNCH ! DANIMALS VANILLA YOGURT, 1 EA BUTTERMILK PANCAKES (WG) W/ NO HFC SYRUP, 1 EA VEGGIE SAUSAGE PATTY, 1 EA BABY CARROTS W/RANCH DIP, 1/4 C ORANGE WEDGES, 2 PCS **TODS AND TWOS** MANDARIN ORANGES CARROT COINS
FEBRUARY 17 **PRESIDENT'S DAY** **HOLIDAY**	**FEBRUARY 18** VEGETARIAN BURGER, MORNING STAR, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ NO HFC KETCHUP SWEET YELLOW CORN, 1/4 C FRESH BANANA, 1/2 EA **TODS AND TWOS** PEAS/CARROT/GREEN BEANS	**FEBRUARY 19** VEGGIE NUGGETS, 5 EA W/ NO HFC KETCHUP TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C ORANGE WEDGES, 2 PCS **TODS AND TWOS** MANDARIN ORANGES GREEN BEANS	**FEBRUARY 20** FAJITAS CHICKENLESS STRIPS, 1/3 C CHEDDAR CHEESE, 1/2 OZ WHOLE WHEAT 6" TORTILLA, 1 EA STEAMED GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** CHILLED APPLE SAUCE	**FEBRUARY 21** CHEESE PIZZA, 1 SL PEAS/CARROT/GREEN BEANS/CORN/LIMA BEANS, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** 3 WAY HOT/ PEACHES IN JUICE
FEBRUARY 24 VEGETARIAN MEATBALLS, 2 EA W/VEGETARIAN GRAVY WHOLE GRAIN RICE, 1/4 C BABY CARROTS W/RANCH DIP, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C **TODS AND TWOS** SWEET TENDER PEAS	**FEBRUARY 25** PIZZA PASTA BAKE "MEATLESS" VEGETARIAN PIZZA PASTA BAKE MOZZARELLA, 1/2 C TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA **TODS AND TWOS** CARROT COINS	**FEBRUARY 26** VEGGIE NUGGETS, 5 EA W/ NO HFC KETCHUP CAESAR SALAD W/ ROMAINE DRESSING & PARMESAN, 1/4 C ORANGE WEDGES, 2 PCS **TODS AND TWOS** MANDARIN ORANGES GREEN BEANS	**FEBRUARY 27** VEGETARIAN BLACK BEAN CHILI, 1/3 C WHEAT DINNER ROLL, 1 EA SWEET YELLOW CORN, 1/4 C FRESH APPLE, 3/8 C **TODS AND TWOS** ALL NATURAL APPLESAUCE	**FEBRUARY 28** CREAMY MACARONI & CHEESE, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL SWEET TENDER PEAS, 1/4 C MANDARIN ORANGES, 3/8 C

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
6 oz milk required with each meal