TYSON SPRINGHILL SNACK MENU JANUARY 2020 LK PC				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<u>JANUARY 1</u> **HAPPY NEW YEAR**	JANUARY 2 AM: STRAWBERRY YOGURT, 1/2 C FRESH BANANA, 1/2 EA PM: MONTEREY JACK CHEESE SLICE, 1 SL TOWNHOUSE CRACKERS, 4 EA	JANUARY 3 AM: BLUEBERRY BREAD, 1 SL FRESH CANTALOUPE, 1 SL PM: MINI PRETZELS, 1/3 C FRESH APPLE, 1/2 EA <u>TODS AND TWOS</u> GOLDFISH DICED PEARS IN JUICE
JANUARY 6 AM: RICE CHEX CEREAL, 1/2 C MILK, 1/2 C PM: BAKED MUTLI GRAIN SUN CHIPS, 1/2 PKTS MILD SALSA, 1 OZ TODS AND TWOS VANILLA YOGURT MANDARIN ORANGES	JANUARY 7 AM: WG CINNAMON RAISIN BREAD, 1/2 SL FRESH ORANGE WEDGES, 4 PCS PM: PEELED & SLICED CUCUMBERS, 1/2 C RANCH DRESSING WHOLE GRAIN CHEESE GOLDFISH, 1 PKTS TODS AND TWOS MANDARIN ORANGES DICED PEACHES IN JUICE	JANUARY 8 AM: CHEERIOS CEREAL, 1/2 C FRESH BANANA, 1/2 EA PM: WG WHITE WHEAT BAGEL, 1/2 EA CREAM CHEESE, 1/2 OZ	JANUARY 9 AM: VANILLA YOGURT BULK, 1/2 C HOMEMADE GRANOLA, 1 OZ PM: REMY'S WG CINNAMON GRAHAMS (NON-GMO), 1/2 PKTS FRESH ORANGE WEDGES, 4 PCS <u>TODS AND TWOS</u> DICED PEARS IN JUICE	JANUARY 10 AM: FRESH BAKED ZUCCHINI BREAD 1 SL FRESH BANANA, 1/2 EA PM: CHEDDAR CHEESE STICK, 1 EA TOWNHOUSE CRACKERS, 4 EA
JANUARY 13 AM: KRISPIE RICE CEREAL, 1/2 C MILK, 1/2 C PM: STRING CHEESE, 1 EA MANDARIN ORANGES, 1/2 C	JANUARY 14 AM: GRAHAM CRACKERS, 2 EA FRESH APPLE, 1/2 EA PM: FRESH BABY CARROTS, 1/2 C FRESH MADE HUMMUS <u>TODS AND TWOS</u> ALL NATURAL APPLESAUCE TOWNHOUSE CRACKERS	JANUARY 15 AM: CORN CHEX CEREAL (GLUTEN FREE), 1/2 C FRESH DICED CANTALOUPE, 1/2 C PM: WHL GRAIN CHEESE GOLDFISH, 1 PKTS FRESH APPLE, 1/2 EA <u>TODS AND TWOS</u> TOASTIOS CEREAL APPLESAUCE	JANUARY 16 AM: STRAWBERRY YOGURT, 1/2 C FRESH BANANA, 1/2 EA PM: MONTEREY JACK CHEESE SLICE, 1 SL TOWNHOUSE CRACKERS, 4 EA	JANUARY 17 AM: BLUEBERRY BREAD, 1 SL FRESH CANTALOUPE, 1 SL PM: MINI PRETZELS, 1/3 C FRESH APPLE, 1/2 EA <u>TODS AND TWOS</u> GOLDFISH DICED PEARS IN JUICE
JANUARY 20 MARTIN LUTHER KING HOLIDAY	JANUARY 21 AM: RICE CHEX CEREAL, 1/2 C MILK, 1/2 C PM: BAKED MUTLI GRAIN SUN CHIPS, 1/2 PKTS MILD SALSA, 1 OZ	JANUARY 22 AM: CHEERIOS CEREAL, 1/2 C FRESH BANANA, 1/2 EA PM: WG WHITE WHEAT BAGEL, 1/2 EA CREAM CHEESE, 1/2 OZ	JANUARY 23 AM: VANILLA YOGURT BULK, 1/2 C HOMEMADE GRANOLA, 1 OZ PM: REMY'S WG CINNAMON GRAHAMS (NON-GMO), 1/2 PKTS FRESH ORANGE WEDGES, 4 PCS <u>TODS AND TWOS</u> DICED PEARS IN JUICE	JANUARY 24 AM: FRESH BAKED ZUCCHINI BREAD 1 SL FRESH BANANA, 1/2 EA PM: CHEDDAR CHEESE STICK, 1 EA TOWNHOUSE CRACKERS, 4 EA
JANUARY 27 AM: KRISPIE RICE CEREAL, 1/2 C MILK, 1/2 C PM: STRING CHEESE, 1 EA MANDARIN ORANGES, 1/2 C	JANUARY 28 AM: GRAHAM CRACKERS, 2 EA FRESH APPLE, 1/2 EA PM: FRESH BABY CARROTS, 1/2 C FRESH MADE HUMMUS <u>TODS AND TWOS</u> ALL NATURAL APPLESAUCE TOWNHOUSE CRACKERS	JANUARY 29 AM: CORN CHEX CEREAL (GLUTEN FREE), 1/2 C FRESH DICED CANTALOUPE, 1/2 C PM: WHL GRAIN CHEESE GOLDFISH, 1 PKTS FRESH APPLE, 1/2 EA TODS AND TWOS TOASTIOS CEREAL APPLESAUCE	JANUARY 30 AM: STRAWBERRY YOGURT, 1/2 C FRESH BANANA, 1/2 EA PM: MONTEREY JACK CHEESE SLICE, 1 SL TOWNHOUSE CRACKERS, 4 EA	JANUARY 31 AM: BLUEBERRY BREAD, 1 SL FRESH CANTALOUPE, 1 SL PM: MINI PRETZELS, 1/3 C FRESH APPLE, 1/2 EA <u>TODS AND TWOS</u> GOLDFISH DICED PEARS IN JUICE

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed. Specializing in Day Care and School Lunch Programs and Business and Office Luncheons 6 oz milk required with each meal