

TYSON SPRINGHILL

SEPTEMBER 2019

LK PORTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SEPTEMBER 2</p> <p>LABOR DAY</p> <p>HOLIDAY</p>	<p>SEPTEMBER 3</p> <p>ROASTED TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C CARROT COINS, 1/4 C FRESH ORANGE WEDGES, 2 EA TODS AND TWOS MIXED FRUIT IN JUICE</p>	<p>SEPTEMBER 4</p> <p>ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH FRUIT SALAD , 3/8 C (MELONS, FRESH PINEAPPLE) TODS AND TWOS GREEN PEAS DICED FRESH MELON MIX</p>	<p>SEPTEMBER 5</p> <p>NAE CHICKEN BREAST CHUNK BONELESS WING DINGS, 3 EA W/ NO HFC KETCHUP 100% WHOLE GRAIN BREAD, 1/2 SL SWEET YELLOW CORN, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS GREEN BEANS MANDARIN ORANGES</p>	<p>SEPTEMBER 6</p> <p>CHEESE PIZZA, 1 SL CARROT COINS, 1/4 C FRESH DICED CANTALOUPE, 3/8 C TODS AND TWOS DICED CANTALOUPE</p>
<p>SEPTEMBER 9</p> <p>ITALIAN BEEF MEATBALL SUB, 3 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ SUB ROLL, 1/2 EA SWEET TENDER PEAS, 3/8 C ALL NATURAL APPLESAUCE</p>	<p>SEPTEMBER 10</p> <p>PIZZA PASTA BAKE BEEF CRUMBLES, CHICKEN & BEEF PEPPERONI, TOMATO SAUCE, PASTA, 1/2 C SHREDDED MOZZARELLA CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 EA FRESH BANANA, 1/2 EA TODS AND TWOS CARROT COINS</p>	<p>SEPTEMBER 11</p> <p>NAE WHOLE GRAIN CHICKEN NUGGETS W/ NO HFC KETCHUP, 4 EA , 1/2 SL CAESAR SALAD W/ ROMAINE DRESSING & PARMESAN, 1/4 C FRESH ORANGE WEDGES, 2 PCS TODS AND TWOS GREEN BEANS MANDARIN ORANGES</p>	<p>SEPTEMBER 12</p> <p>BUTTERMILK PANCAKES (WG) W/ NO HFC SYRUP, 1 EA CHICKEN SAUSAGE PATTY, 1 EA VANILLA YOGURT, 1/2 C FRESH APPLE, 1/2 EA TODS AND TWOS ALL NATURAL APPLESAUCE</p>	<p>SEPTEMBER 13</p> <p>CREAMY MACARONI & CHEESE, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL SWEET TENDER PEAS, 1/4 C FRESH FRUIT SALAD , 3/8 C (MELONS, FRESH PINEAPPLE) TODS AND TWOS DICED FRESH MELON MIX</p>
<p>SEPTEMBER 16</p> <p>CHICKEN SLIDER ON A BUN, 1 EA FANCY SHRED CHEDDAR CHEESE, 1/2 OZ W/ NO HFC KETCHUP STEAMED GREEN BEANS, 1/4 C FRESH ORANGE WEDGES, 2 PCS TODS AND TWOS MIXED FRUIT IN JUICE</p>	<p>SEPTEMBER 17</p> <p>ROASTED TERIYAKI CHICKEN STRIPS, 3 EA WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS APPLESAUCE</p>	<p>SEPTEMBER 18</p> <p>SALISBURY STEAK W/ GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH DICED CANTALOUPE, 1 SL TODS AND TWOS DICED CANTALOUPE</p>	<p>SEPTEMBER 19</p> <p>WHL GRAIN SPAGHETTI W/ BEEF & TURKEY MEAT MARINARA, 1/2 C PARMESAN CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS SWEET TENDER PEAS</p>	<p>SEPTEMBER 20</p> <p>NAE CHICKEN BREAST CHUNK BONELESS WING DINGS, 3 EA W/ NO HFC KETCHUP 5- WAY HOT MIXED VEGETABLES , 1/4 C 100% WHOLE GRAIN BREAD, 1 EA FRESH ORANGE WEDGES, 2 EA TODS AND TWOS 3-WAY HOT MIXED VEGGIE MANDARIN ORANGES</p>
<p>SEPTEMBER 23</p> <p>NAE WHOLE GRAIN CHICKEN NUGGETS W/ NO HFC KETCHUP, 4 EA SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C</p>	<p>SEPTEMBER 24</p> <p>CREAMY MACARONI & CHEESE , 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL 3-WAY HOT MIXED VEGGIE , 1/4 C FRESH BANANA, 1/2 EA</p>	<p>SEPTEMBER 25</p> <p>MEXICAN BEEF NACHO FIESTA, 1/4 C W/ SHRED CHEDDAR CHEESE, 1/2 SL 100% WHOLE GRAIN BREAD, 1/2 EA CARROT COINS, 1/4 C FRESH DICED MELON MIX, 3/8 C TODS AND TWOS DICED FRESH MELON MIX</p>	<p>SEPTEMBER 26</p> <p>ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS CHILLED APPLE SAUCE</p>	<p>SEPTEMBER 27</p> <p>BREAKFAST FOR LUNCH !! BUTTERMILK PANCAKES (WG) W/ NO HFC SYRUP, 1 EA CHICKEN SAUSAGE PATTY, 1 EA DANIMALS VANILLA YOGURT, 1 EA FRESH BABY CARROTS W/RANCH DIP, 1/4 C ORANGE WEDGES, 2 PCS TODS AND TWOS CARROT COINS/MANDARIN</p>
<p>SEPTEMBER 30</p> <p>ROASTED TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C CARROT COINS, 1/4 C FRESH ORANGE WEDGES, 2 EA TODS AND TWOS MIXED FRUIT IN JUICE</p>				

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.
Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

6 oz milk required with each meal