

TYSON SPRINGHILL		MAY 2019			LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		MAY 1 SALISBURY STEAK W/ GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH DICED CANTALOUPE, 1 SL TODS AND TWOS DICED CANTALOUPE	MAY 2 WHL GRAIN SPAGHETTI W/ BEEF & TURKEY MEAT MARINARA, 1/2 C PARMESAN CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS SWEET TENDER PEAS	MAY 3 CHICKEN BREAST CHUNK BONELESS WING DINGS, 3 EA W/ NO HFC KETCHUP 5- WAY HOT MIXED VEGETABLES , 1/4 C 100% WHOLE GRAIN BREAD, 1 EA FRESH ORANGE WEDGES, 2 EA TODS AND TWOS 3-WAY HOT MIXED VEGGIE MANDARIN ORANGES	
MAY 6 NAE WHOLE GRAIN CHICKEN NUGGETS W/ NO HFC KETCHUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL SWEET TENDER PEAS, 1/4 C ALL NATURAL APPLESAUCE, 3/8 C	MAY 7 CREAMY MACARONI & CHEESE , 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL 3-WAY HOT MIXED VEGGIE , 1/4 C FRESH BANANA, 1/2 EA	MAY 8 MEXICAN BEEF NACHO FIESTA, 1/4 C W/ SHRED CHEDDAR CHEESE, 1/2 SL 100% WHOLE GRAIN BREAD, 1/2 EA CARROT COINS, 1/4 C FRESH DICED MELON MIX, 3/8 C TODS AND TWOS DICED FRESH MELON MIX	MAY 9 ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS CHILLED APPLE SAUCE	MAY 10 BREAKFAST FOR LUNCH !! WG BUTTERMILK PANCAKES W/ NO HFC SYRUP, 1 EA CHICKEN SAUSAGE PATTY, 1 EA DANIMALS VANILLA YOGURT, 1 EA FRESH ORANGE WEDGES, 4 PCS TODS AND TWOS MANDARIN ORANGES	
MAY 13 ROASTED TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C CARROT COINS, 1/4 C FRESH ORANGE WEDGES, 2 EA TODS AND TWOS MIXED FRUIT IN JUICE	MAY 14 LEAN BEEF HAMBURGER PATTY, 1 EA WHEAT HAMBURGER ROLL, 1 EA W/ NO HFC KETCHUP MASHED SWEET POTATOES, 1/4 C FRESH BANANA, 1/2 EA	MAY 15 ITALIAN BEEF MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH FRUIT SALAD , 3/8 C (MELONS, FRESH PINEAPPLE) TODS AND TWOS GREEN PEAS DICED FRESH MELON MIX	MAY 16 CHICKEN BREAST CHUNK BONELESS WING DINGS, 3 EA W/ NO HFC KETCHUP 100% WHOLE GRAIN BREAD, 1/2 SL SWEET YELLOW CORN, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS GREEN BEANS MANDARIN ORANGES	MAY 17 CHEESE PIZZA, 1 SL CARROT COINS, 1/4 C FRESH DICED CANTALOUPE, 3/8 C TODS AND TWOS DICED CANTALOUPE	
MAY 20 ITALIAN BEEF MEATBALL SUB, 3 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ SUB ROLL, 1/2 EA SWEET TENDER PEAS, 3/8 C ALL NATURAL APPLESAUCE	MAY 21 PIZZA PASTA BAKE BEEF CRUMBLES, CHICKEN & BEEF PEPPERONI, TOMATO SAUCE, PASTA, 1/2 C SHREDDED MOZZARELLA CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 EA FRESH BANANA, 1/2 EA TODS AND TWOS CARROT COINS	MAY 22 NAE WHOLE GRAIN CHICKEN NUGGETS W/ NO HFC KETCHUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL CAESAR SALAD W/ ROMAINE DRESSING & PARMESAN, 1/4 C FRESH ORANGE WEDGES, 2 PCS TODS AND TWOS GREEN BEANS MANDARIN ORANGES	MAY 23 WHOLE GRAIN WAFFLES, 1 EA W/ NO HFC SYRUP CHICKEN SAUSAGE PATTY, 1 EA VANILLA YOGURT, 1/2 C FRESH APPLE, 1/2 EA TODS AND TWOS ALL NATURAL APPLESAUCE	MAY 24 <i>IN SERVICE DAY</i> <i>NO LUNCH SREVICE</i>	
MAY 27 MEMORIAL DAY HOLIDAY!!	MAY 28 ROASTED TERIYAKI CHICKEN STRIPS, 3 EA WHOLE GRAIN RICE, 1/4 C CARROT COINS, 1/4 C FRESH APPLE, 3/8 C TODS AND TWOS APPLESAUCE	MAY 29 SALISBURY STEAK W/ GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH DICED CANTALOUPE, 1 SL TODS AND TWOS DICED CANTALOUPE	MAY 30 WHL GRAIN SPAGHETTI W/ BEEF & TURKEY MEAT MARINARA, 1/2 C PARMESAN CHEESE, 1/2 OZ TOSSED SALAD W/ MIXED GREENS, CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA TODS AND TWOS SWEET TENDER PEAS	MAY 31 CHICKEN BREAST CHUNK BONELESS WING DINGS, 3 EA W/ NO HFC KETCHUP 5- WAY HOT MIXED VEGETABLES , 1/4 C 100% WHOLE GRAIN BREAD, 1 EA FRESH ORANGE WEDGES, 2 EA TODS AND TWOS 3-WAY HOT MIXED VEGGIE MANDARIN ORANGES	

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

6 oz milk required with each meal