

**TYSONS CORNER CHILDREN'S CENTER
MCLEAN**

MAY 2019

BREAKFAST/PM SNACK

Fairfax Food Service & Caterers P.O. Box 418 Newington, Va. 22122 703-550-1820 Whole Grains Fresh Fruit NO HFC/GF Ketchup/Syrup		May 01 AM: Krispie Rice Cereal, 1/2c Fresh Banana, 1/2e PM: Mini Pretzels, 1/3c Fresh Apple, 1/2ea TT: All Natural Applesauce Townhouse Crackers, 4ea	May 02 AM: Vanilla Yogurt, 1/2c Homemade Granola, 1/4c Fresh Orange Wedges, 4pcs TT: Diced Mixed Melons PM: Fresh Baby Carrots, 1/2c Ranch Dip Whole Grain Cheese Goldfish, 1/3c TT: Pears in Juice	May 03 AM: Zucchini Bread, 1sl Fresh Honey Dew Melon, 1sl TT: Diced Honey Dew Melon PM: String Cheese, 1ea Fresh Banana, 1/2e TT: Cheddar Cheese Slice
May 06 AM: Krispie Rice Cereal, 1/2c Fresh Apple, 1/2ea TT: Cheerios/Pears in Juice PM: Quinoa Chips NON-GMO, 1/3c Mandarin Oranges, 1/2c	May 07 AM: Whole Grain Banana Muffin, 1ea Fresh Orange Wedges, 4pcs TT: Peaches in Juice PM: Saltines, 4ea Cream Cheese, 1/2oz	May 08 AM: Corn Chex Cereal (GF), 1/2c Fresh Banana, 1/2ea TT: Toastio's Cereal PM: Townhouse Crackers, 4ea Cheddar Cheese, 1sl	May 09 AM: Strawberry Yogurt, 1/2c Homemade Granola, 1/4c Fresh Banana, 1/2ea PM: Monterey Jack Cheese, 1sl Fresh Fruit Salad TT: Townhouse Crackers, 4ea TT: Diced Mixed Melons	May 10 AM: Blueberry Bread, 1sl Fresh Cantaloupe, 1sl TT: Diced Fresh Cantaloupe PM: Whole Grain Goldfish, 1pkt Fresh Orange Wedges, 4 pcs TT: Pears in Juice
May 13 AM: Toastio's Cereal, 1/2c Fresh Apple, 1/2ea TT: All Natural Applesauce PM: Whole Wheat Pita, 1/2ea Pears in Juice, 1/2c TT: Townhouse Crackers	May 14 AM: Bagel, Whole Grain Sliced w/ Butter, 1/2ea Fresh Orange Wedges, 4pcs TT: Pears in Juice PM: Townhouse Crackers, 4ea Cream Cheese, 1/2oz	May 15 AM: Krispie Rice Cereal, 1/2c Fresh Banana, 1/2e PM: Mini Pretzels, 1/3c Fresh Apple, 1/2ea TT: All Natural Applesauce Townhouse Crackers, 4ea	May 16 AM: Vanilla Yogurt, 1/2c Homemade Granola, 1/4c Fresh Orange Wedges, 4pcs TT: Diced Mixed Melons PM: Fresh Baby Carrots, 1/2c Ranch Dip Whole Grain Cheese Goldfish, 1/3c TT: Pears in Juice	May 17 AM: Zucchini Bread, 1sl Fresh Honey Dew Melon, 1sl TT: Diced Honey Dew Melon PM: String Cheese, 1ea Fresh Banana, 1/2e TT: Cheddar Cheese Slice
May 20 AM: Krispie Rice Cereal, 1/2c Fresh Apple, 1/2ea TT: Cheerios/Pears in Juice PM: Quinoa Chips NON-GMO, 1/3c Mandarin Oranges, 1/2c	May 21 AM: Whole Grain Banana Muffin, 1ea Fresh Orange Wedges, 4pcs TT: Peaches in Juice PM: Saltines, 4ea Cream Cheese, 1/2oz	May 22 AM: Corn Chex Cereal (GF), 1/2c Fresh Banana, 1/2ea TT: Toastio's Cereal PM: Townhouse Crackers, 4ea Cheddar Cheese, 1sl	May 23 AM: Strawberry Yogurt, 1/2c Homemade Granola, 1/4c Fresh Banana, 1/2ea PM: Monterey Jack Cheese, 1sl Fresh Fruit Salad TT: Townhouse Crackers, 4ea TT: Diced Mixed Melons	May 24 AM: Blueberry Bread, 1sl Fresh Cantaloupe, 1sl TT: Diced Fresh Cantaloupe PM: Whole Grain Goldfish, 1pkt Fresh Orange Wedges, 4 pcs TT: Pears in Juice
May 27 MEMORIAL DAY HOLIDAY!!	May 28 AM: Bagel, Whole Grain Sliced w/ Butter, 1/2ea Fresh Orange Wedges, 4pcs TT: Pears in Juice PM: Townhouse Crackers, 4ea Cream Cheese, 1/2oz	May 29 AM: Krispie Rice Cereal, 1/2c Fresh Banana, 1/2e PM: Mini Pretzels, 1/3c Fresh Apple, 1/2ea TT: All Natural Applesauce Townhouse Crackers, 4ea	May 30 AM: Vanilla Yogurt, 1/2c Homemade Granola, 1/4c Fresh Orange Wedges, 4pcs TT: Diced Mixed Melons PM: Fresh Baby Carrots, 1/2c Ranch Dip Whole Grain Cheese Goldfish, 1/3c TT: Pears in Juice	May 31 AM: Zucchini Bread, 1sl Fresh Honey Dew Melon, 1sl TT: Diced Honey Dew Melon PM: String Cheese, 1ea Fresh Banana, 1/2e TT: Cheddar Cheese Slice

Milk served with AM to meet Breakfast requirements. 1% & Whole milk for TT
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